



Update on Pediatric Antiretroviral Therapy



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HIV-Infected Children are Not Little HIV-infected Adults



- Age-related differences in risk of HIV disease progression and surrogate markers such as CD4
- Dosing is complex needs adjustment as child grows to avoid under-dosing and resistance
- Differential maturation of organs leads to age-related pharmacokinetics changes and age-specific dosing
- More limited drug formulary because pediatric drug formulations are needed
- Concern regarding ARV toxicities in growing child (e.g., TDF and bone in pre-pubertal child)

HIV-Infected Children Are Not a Uniform Group: Age-Related Differences

Infants and children - <2 years</p>



- High viral load
- Rapid progression and high mortality with no good surrogate markers
- PMTCT ARV drug exposure and resistance – may affects ART response
- Fewest options liquid/dispersible needed
- Major changes organ development/ metabolism - affect dosing

HIV-Infected Children Are Not a Uniform Group: Age-Related Differences

Age 2 -5 years

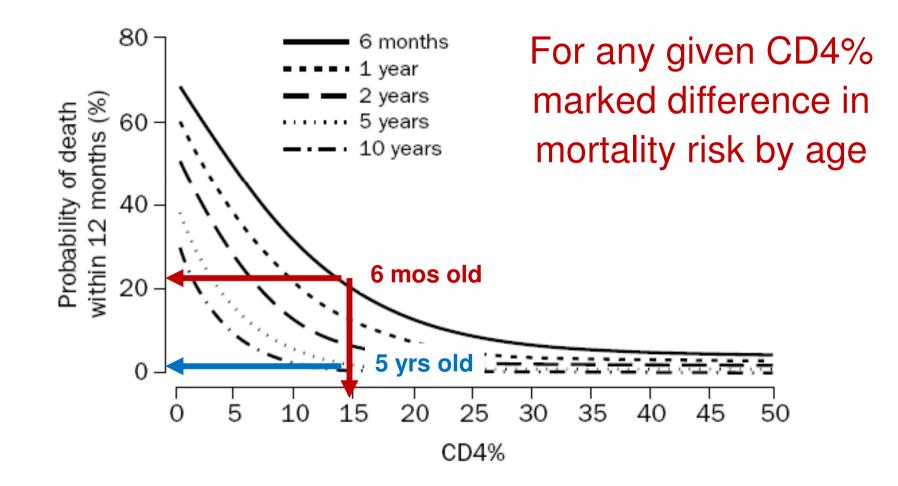


- Progression lower but still high, surrogate marker better predictors but complicated by age-related change in CD4
- Pediatric formulations needed, palatability issues
- Age >5 years



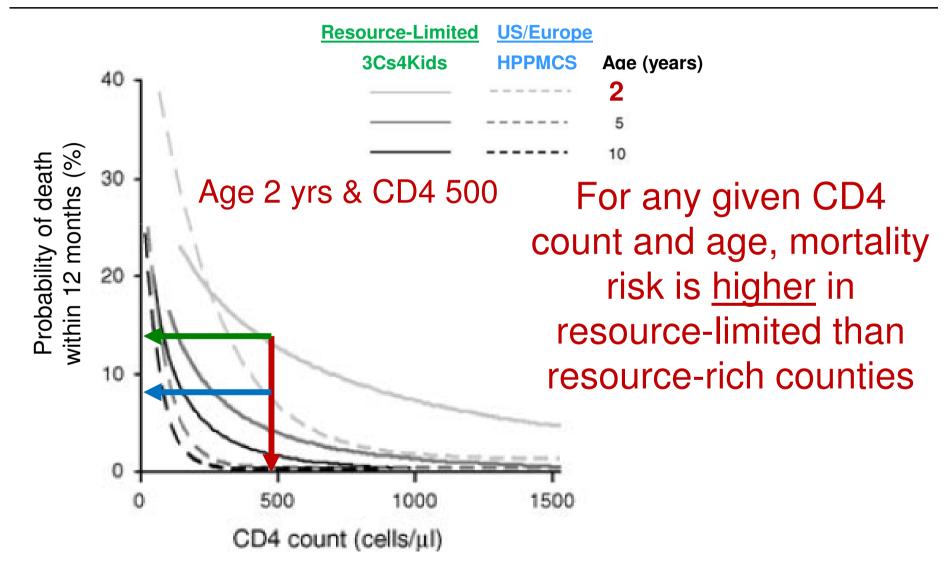
- Progression more like adults, CD4 similar to adults
- Generally can take solid tabs/caps but still need lower dose ped formulation

Relationship of Age, CD4% and Mortality Risk in Untreated HIV-Infected Children US/Europe (HPPMCS) HPPMCS Lancet 2003;362:1605-11

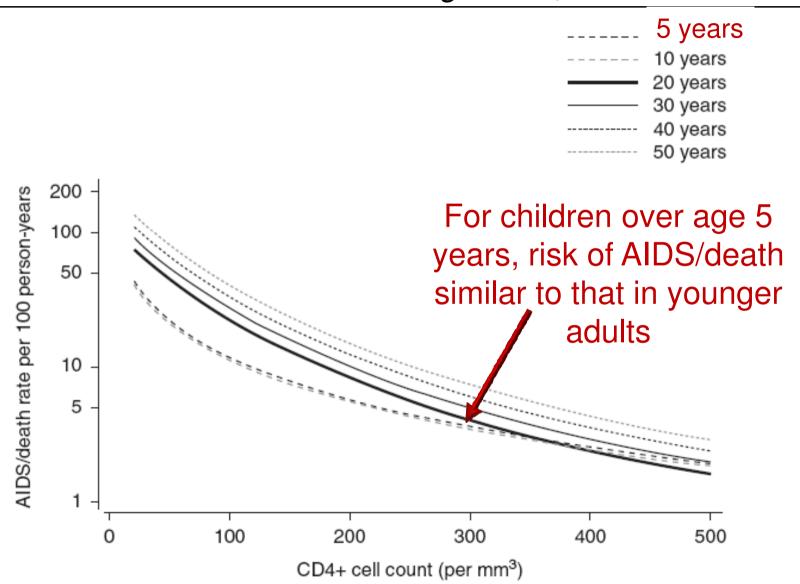


Age, CD4, and Mortality in Resource-Limited (3Cs4kids) and Resource-Rich Countries (HPPMCS)

Cross Continent Collaboration for Kids AIDS 2008;22:97-105



Risk AIDS/Death by Age and CD4 Count: HPPMCS (children) and Cascade (adults) *Turkova A et al. Pediatr Drugs 2012;14:361-76*

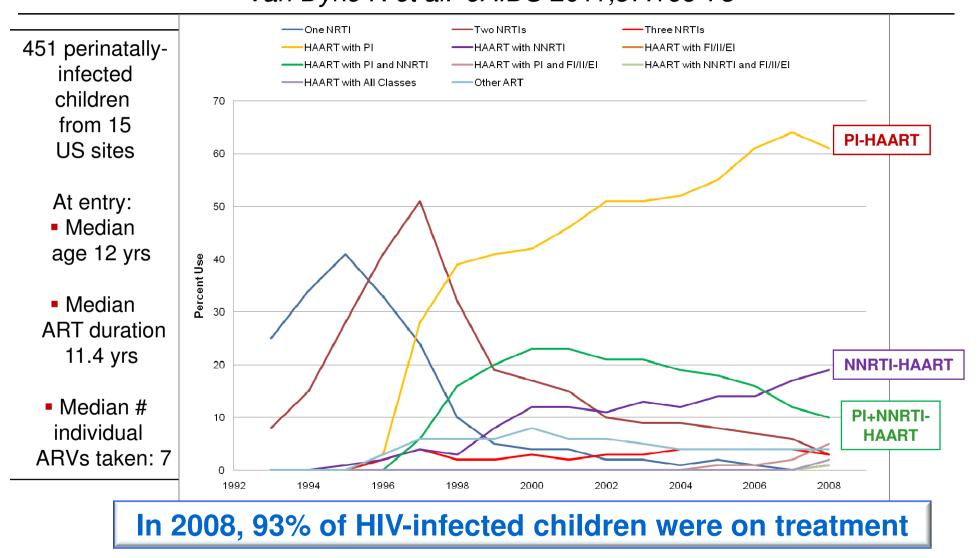


What Can We Learn From Resource Rich Countries?

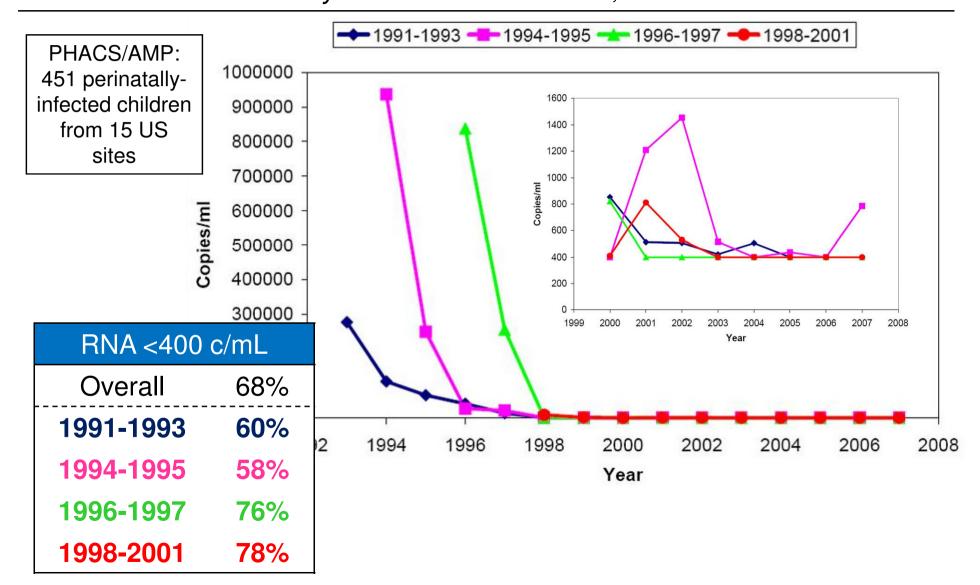




In the United States, the Majority of HIV-Infected Children Are Receiving Antiretroviral Therapy: PHACS/AMP Study Van Dyke R et al. JAIDS 2011;57:165-73

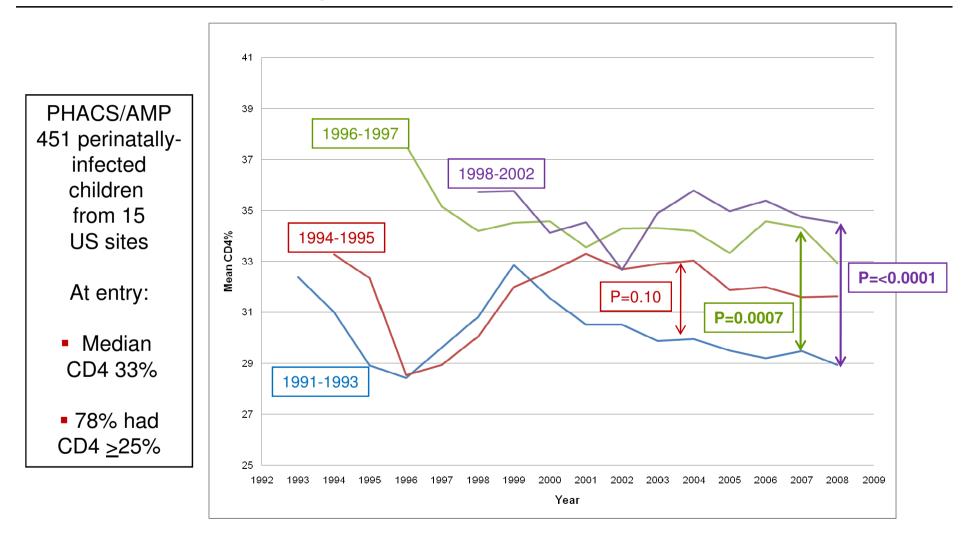


More Recent Birth Cohorts More Likely to Have Suppression of Viral Replication than Earlier Cohorts Van Dyke R et al. JAIDS 2011;57:165-73

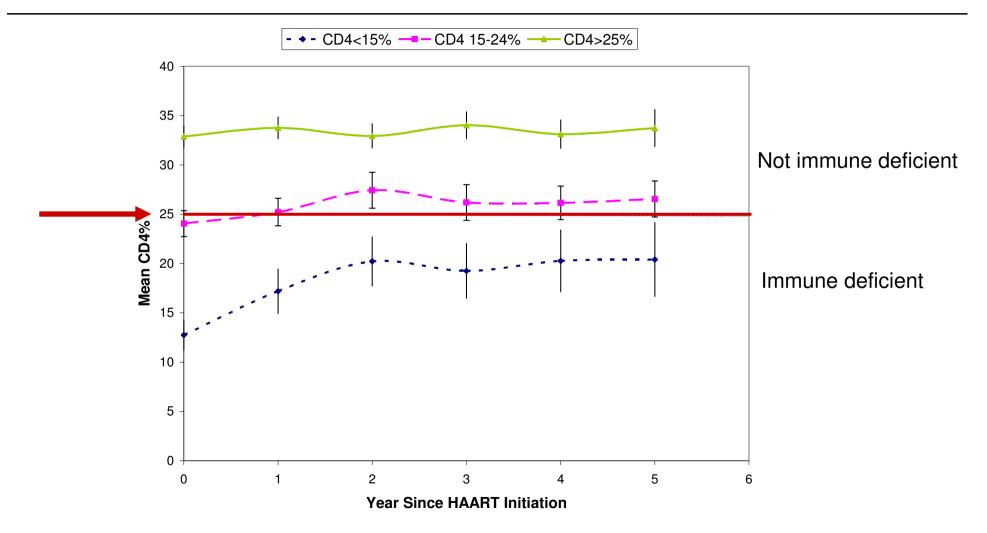


More Recent Birth Cohorts Have Better Immune Function (Higher CD4) Over Time than Earlier Cohorts

Van Dyke R et al. JAIDS 2011;57:165-73

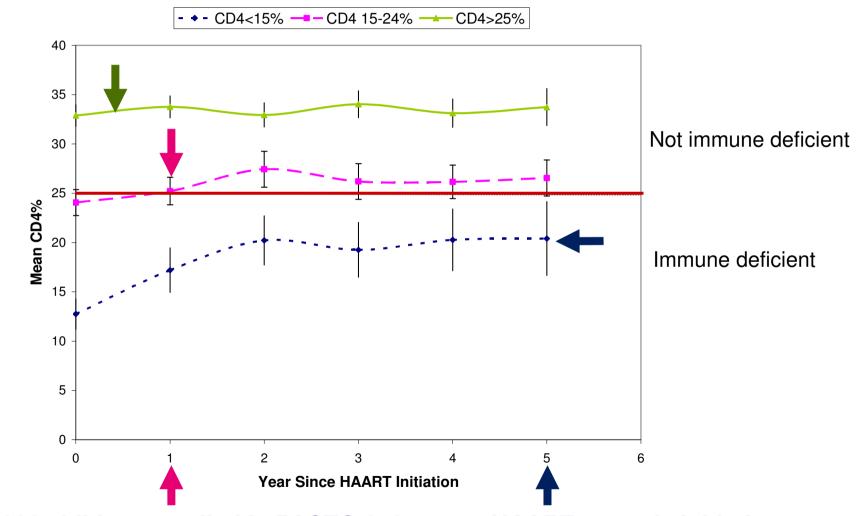


Recovery of Immune Status with Potent Therapy is Dependent on CD4% at Time Therapy is Initiated Patel K et al. Clin Infect Dis 2008;46:1751-60



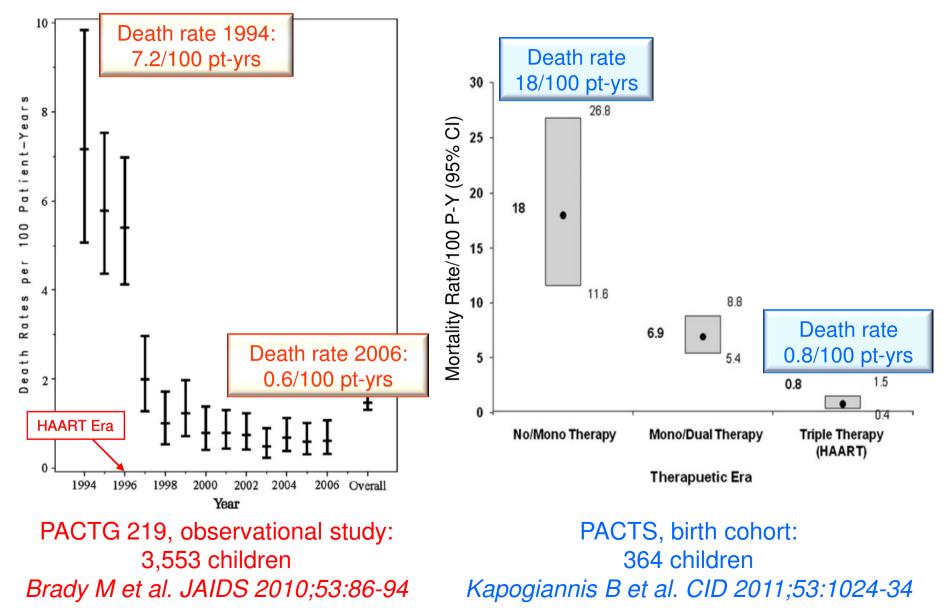
1,236 children enrolled in PACTG 219 not on therapy at study initiation

Recovery of Immune Status with Potent Therapy is Dependent on CD4% at Time Therapy is Initiated Patel K et al. Clin Infect Dis 2008;46:1751-60



1,236 children enrolled in PACTG 219 not on HAART at study initiation

Significant Decline in Mortality in HIV-Infected Children Over Time Associated with Better Therapies





Guidelines for the Use of Antiretroviral Agents in Pediatric HIV Infection



Updated November 1, 2012

| tow to Cite the Pediatric Guidelines: | |
|--|------------------|
| Panel on Antiretroviral Therapy and Medical Management of HIV-Infected Children. Suidelines for the Use of Antiretroviral Agents in Pediatric HIV Infection. Available at ttp://adoinfo.nih.gov/contentifies/hyoulekines/pediatricquidelines.pdf. Loossood (insert date) [Include page numbers, table number, etc. if applicable] | |
| Jee of antiretrovinals in pediatric patients is evolving rapidly. These guidelines are updated egularly to provide current information. The most recent information is available at http://aidsinfo.nih.goy. | access mobile |

Downloaded from http://aidsinfo.nih.gov/guidelines on 11/1/2012 EST

Table 15 Schedule of Monitoring HIV-Infected Children Before and During ART

In U.S., ART is Individualized with Intensive Monitoring

November 1, 2012 US Pediatric Guidelines

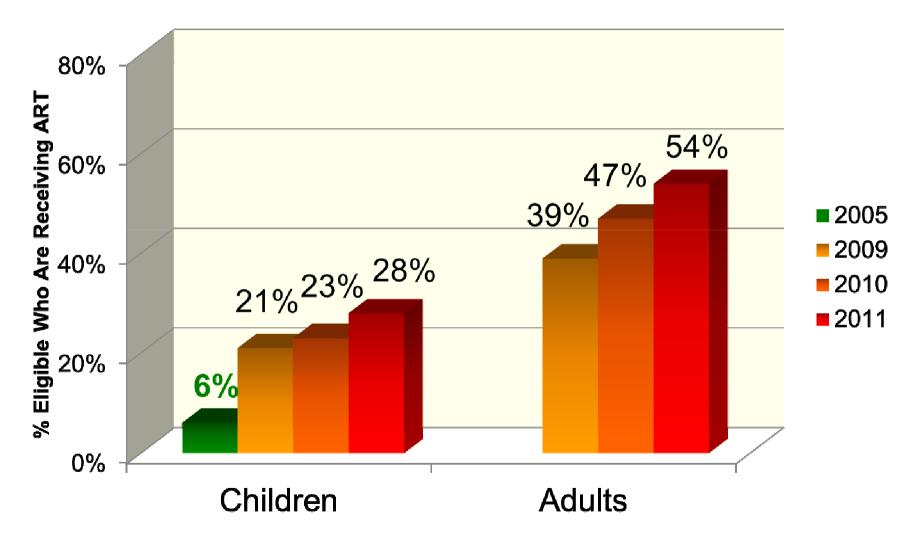
| | Entry Into Care | Monitoring Pre-Therapy ¹ | ART Initiation ¹ | 1–2 Weeks on Therapy ² | 4–8 Weeks on Therapy | Every 3–4 Months ³ | Every 6–12 Months | ARV Switch |
|--|-----------------------|--|--------------------------------|---|----------------------------|-------------------------------------|-------------------------|---------------|
| Clinical History Physical Exam ² | Х | х | Х | Х | Х | х | х | Х |
| CBC w/ Differential | Х | Х | Х | | Х | Х | | Х |
| Chemistries ⁴ | Х | | Х | | X4 | Х | | Х |
| Electrolytes | Х | | Х | | | Х | | Х |
| Glucose | Х | | Х | | | Х | | Х |
| AST/ALT | Х | Х | Х | X ⁵ | X5 | Х | | Х |
| Bilirubin | Х | | Х | | | Х | | Х |
| BUN/Creatinine | Х | Х | Х | | | Х | | Х |
| Albumin/Total Protein | Х | | Х | | | | Х | х |
| Ca/Phosphate | Х | | Х | | | | х | Х |
| CD4 Count/% | Х | Х | Х | | X6 | Х | | Х |
| HIV RNA | Х | Х | Х | X ² | Х | Х | | Х |
| Resistance Testing | Х | | | | | | | Х |
| Adherence Evaluation | | | Х | Х | х | Х | | х |
| Lipid Panel | Х | | Х | | | | х | |
| Urinalysis | Х | | Х | | | | Х | |

What About ART in More Resource-Limited Countries?



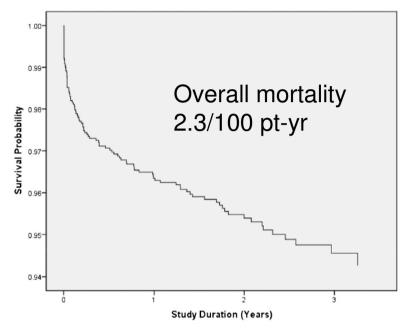


% Children and Adults Eligible for ART Who Are Receiving ART in Low and Middle-Income Countries, 2009-2011



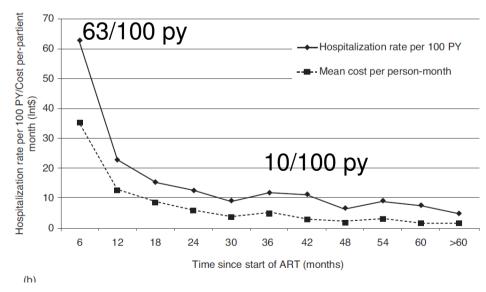
WHO Global Reports 2005, 2009, 2010, 2011

Clinical Response to ART in Children in Low Resource Countries is Good



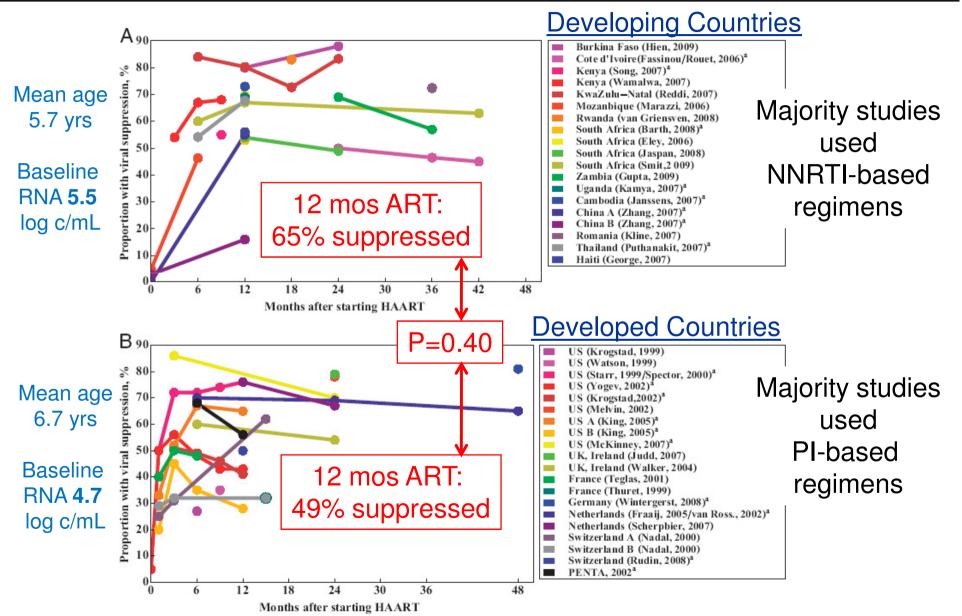
Kabue et al. Pediatrics 2012;120:e591

 Significant declines in hospitalization/ cost in children on ART in Thailand; most occur in 1st yr ART. Significant declines in mortality with ART in children in Lesotho, Malawi, and Swaziland; most deaths (78%) in 1st year ART.

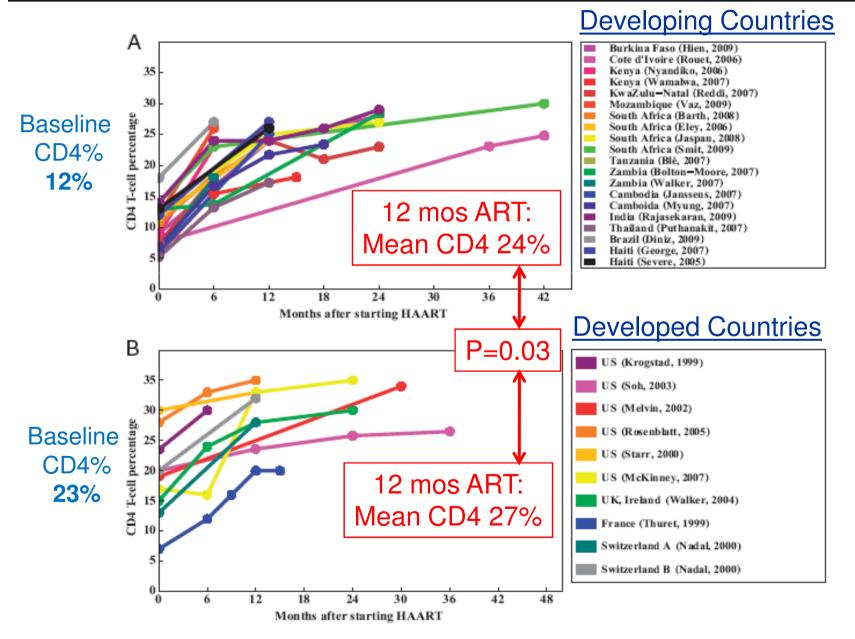


Collins et al. AIDS 2012;26:1943-52

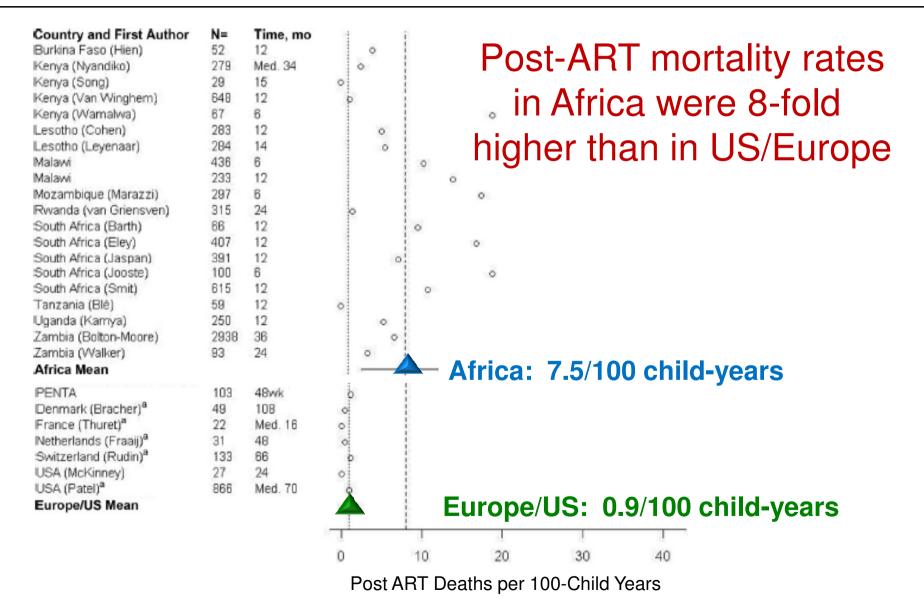
Viral Suppression in Developing vs Developed Countries Peacock-Villada E et al. Pediatrics 2011;127:e423



CD4% Levels Post ART in Developing vs Developed Countries Peacock-Villada E et al. Pediatrics 2011;127:e423



Mortality on ART in Developing vs Developed Countries Peacock-Villada E et al. Pediatrics 2011;127:e423



When to Start











HIV/AIDS Programme

ANTIRETROVIRAL THERAPY FOR HIV INFECTION IN INFANTS AND CHILDREN: TOWARDS UNIVERSAL ACCESS

commendations for a public health approach

2010 revision





WHEN TO TREAT: Infants - <2 Years 2010 WHO Pediatric HIV Recommendations

Table 6: Recommendations for initiating ART in infants and children; revised in 2010

| Age | Infants and children <24 months of age ^{a,b} | ≥24 months of age to 59 months of age | Five years of age or older |
|--------------|--|--|--|
| %CD4+ | Allc | ≤25 | NA |
| Absolute CD4 | Allc | ≤750 cells/mm ³ | ≤350 cells/mm ³ (As in adults) |

Table 7: Recommendations for initiating ART in HIV-infected infants and children according to clinical stage and immunological markers

| | | Clinical stage | Immunological |
|--------|------------|----------------------|---|
| \leq | <24 months | Trea | it all |
| | >24 months | Stage 4ª | Treat all ^o |
| | | Stage 3 ^a | Treat all |
| | Stage 2 | | Treat if CD4 below age-adjusted threshold |
| | | Stage 1 | Don't treat if no CD4 available: |

Early Antiretroviral Therapy and Mortality among HIV-Infected Infants

Avy Violari, F.C.Paed., Mark F. Cotton, M.Med., Ph.D., Diana M. Gibb, M.D., Abdel G. Babiker, Ph.D., Jan Steyn, M.Sc., Shabir A. Madhi, F.C.Paed., Ph.D., Patrick Jean-Philippe, M.D., and James A. McIntyre, F.R.C.O.G., for the CHER Study Team*

N Engl J Med 2008;359:2233-44.

Early Treatment in Infants Reduces Disease Progression and Death: CHER Trial

Compared starting treatment in asymptomatic HIV+ infants with CD4 \geq 25% aged <4 months vs deferring until met standard criteria

1.00-

75% Reduction in Mortality: 4% vs 16% for Early vs Deferred ART

Probability of Death 0.80-0.60-0.40-Deferred treatment 0.20 Early treatment 0.00 12 15 Month 1.00 Probability of Death or Progression Probability of Death or CDC Event 0.80 0.60 Deferred treatment 0.40 Early treatment 0.20 0.00 9 12 15

Month

Probability of Death

77% Reduction in Death/ Progression: 6% vs 26% for Early vs Deferred ART Early HAART in HIV-Infected Infants Associated with Improved Neurodevelopmental Outcome: CHER and Control Children Laughton B et al. AIDS 2012;26:1685-90

Griffiths Mental Development Scales given at median age 11 mos to deferred vs early patients, HIV-exposed uninfected, & HIV-unexposed children

| Characteristic | Deferred ART | HIV- P Value Early exposed HIV- Defer vs ART uninfected unexposed Early |
|----------------|-----------------|---|
| Number | 26 | 64 28 34 |
| Mean Motor | 88.9 | 97.7 ↔ 105.3 ↔ 101.6 <0.01 |
| Mean General | 100.1 | 106.3 ↔ 105.6 ↔ 106.9 0.02 |

CHER Trial: Enrolled HIV-infected infants <12 weeks of age and randomized to deferred vs immediate ARV.



WHEN TO TREAT: <u>></u>2 Years 2010 WHO Pediatric HIV Recommendations

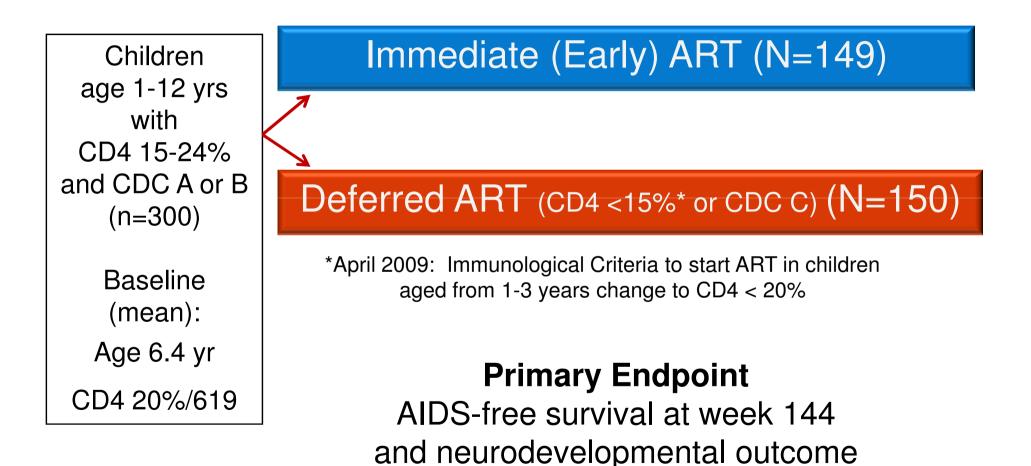
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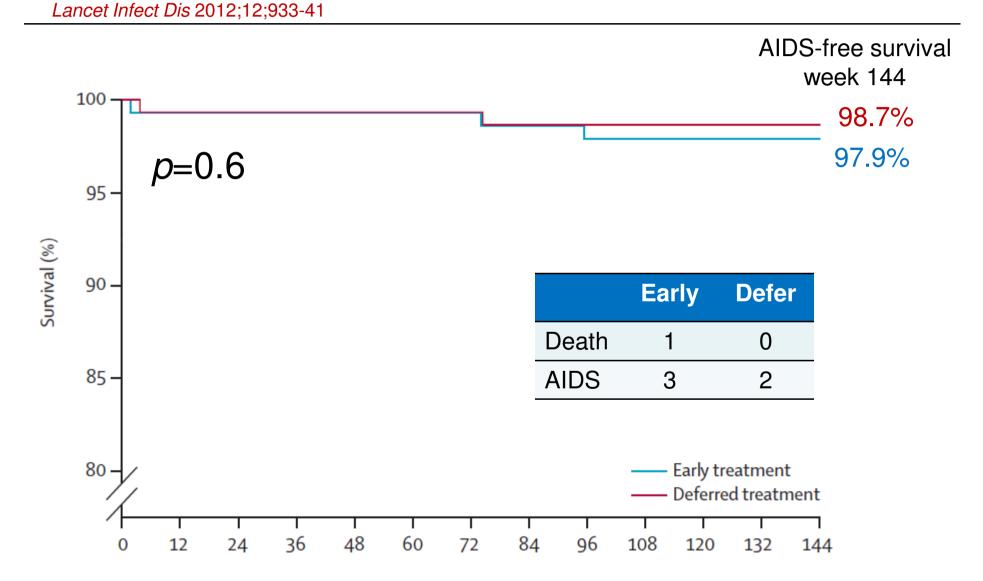




Early versus deferred antiretroviral therapy for children older than 1 year infected with HIV (PREDICT): a multicentre, randomised, open-label trial

Thanyawee Puthanakit, Vonthanak Saphonn, Jintanat Ananwaranich, Pope Kosalaraksa, Rawiwan Hansu dewechakul, Ung Vibol, Stephen J Kerr, Suparat Kanjanavanit, Chaiwat Ngampiyaskul, Jurai Wongsawat, Wicharn Luesomboon, Nicole Ngo-Giang-Huong, Kea Chettra, Theshinee Cheunyam, Tulathip Suwarnlerk, Sasiwimad Ubolyam, William T Shearer, Robert Paul, Lynne M Mofenson, Lawrence Fax, Matthew G Law, David A Cooper, Praphan Phanuphak, Mean ChhiVun, Kiat Raxrungtham, on behaf of the PREDICT Study Group

PREDICT Study: AIDS-Free Survival



Early versus deferred antiretroviral therapy for children older than 1 year infected with HIV (PREDICT): a multicentre, randomised, open-label trial

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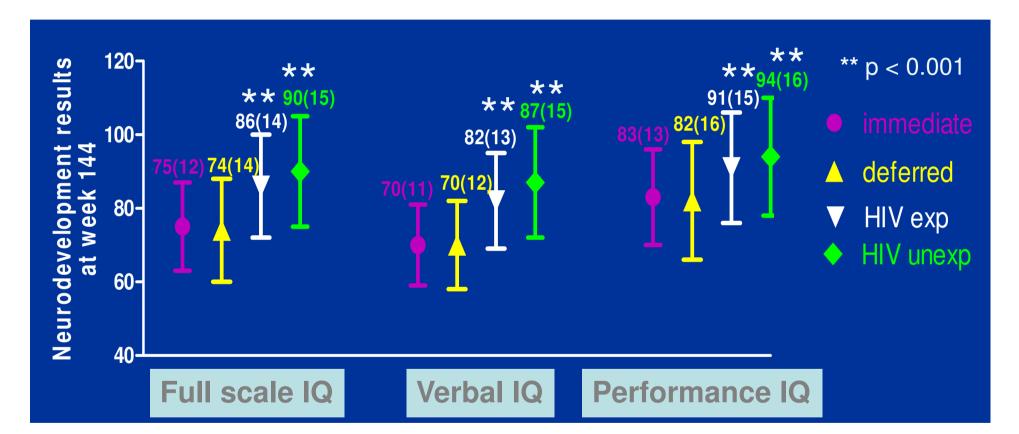
Lancet Infect Dis 2012;12;933-41

PREDICT Study: Death or Progression to CDC Class B or C

| | 100 – | Rate/100 pt-yr | Early | Defer | P value |
|-------------------------------|--|--------------------|--------|-------|---------|
| | | Class B (any) | 8.8 | 11.0 | 0.3 |
| (% | | Low platelet | 0.3 | 2.4 | 0.03 |
| ival (9 | | VZV zoster | 0.5 | 3.2 | 0.02 |
| Progression-free survival (%) | 90- 90- 85- <i>p</i> =0.3 | | | | |
| | 80 - Early treatment — Deferred treatment | | | ٦. | - |
| | 0 12 24 36 48 60 | 72 84 96 | 108 12 | 0 132 | 144 |
| | | from randomisation | | | |

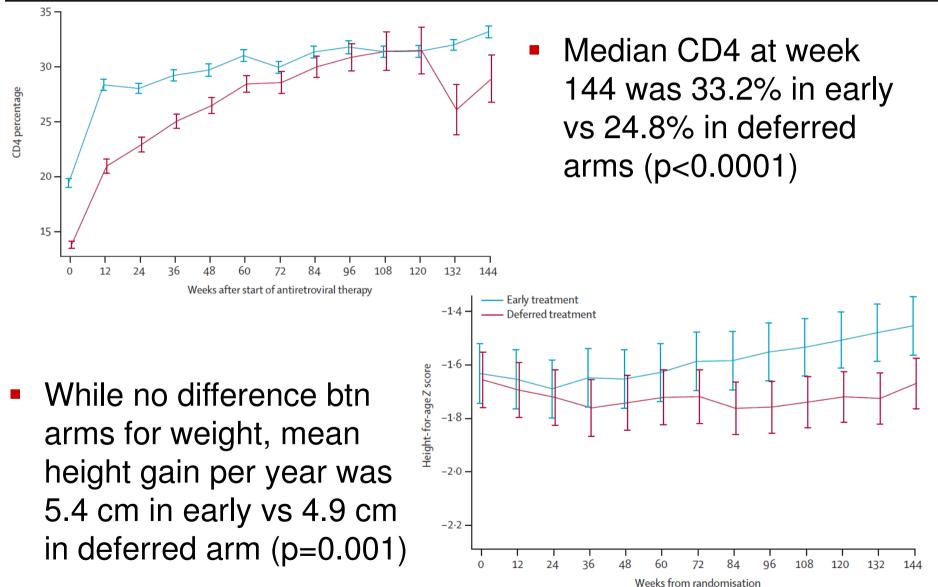
Intelligence Scores Were Not Different Between Immediate vs. Deferred ART

Puthanakit T. 19th CROI, Seattle, WA, March 2012 (Abs 24)



Intelligence Scores Were Lower In HIV-Infected Children Compared to HIV-Uninfected Controls

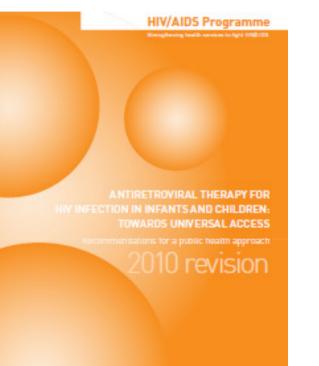
CD4 and Height Better with Early ART Puthanakit T et al. Lancet Infect Dis 2012;12:933-41



PREDICT – ART Response

- Over the 3 year study period, 46% of deferred arm children started ART (96% for immunologic criteria).
- For children with at least 48 weeks of ART, no difference in rates of viral suppression between arms: 81% of early vs 85% of deferred children had RNA <50 copies/mL.
- Overall 9% in the early vs 6% in the deferred group switched to 2nd line (p=0.59).
- 17% of children in the early vs 10% in the deferred arm had grade 3 or 4 events secondary to ART (p=0.19)

What to Start



World Health Organization



80 mg/20 mg/mL Kaletra oral solution [lopinavir/ritonavir]











50 mg/5mL Retrovir syrup



Preferred First-Line Pediatric ARV Regimens: 2010 WHO Pediatric HIV Recommendations

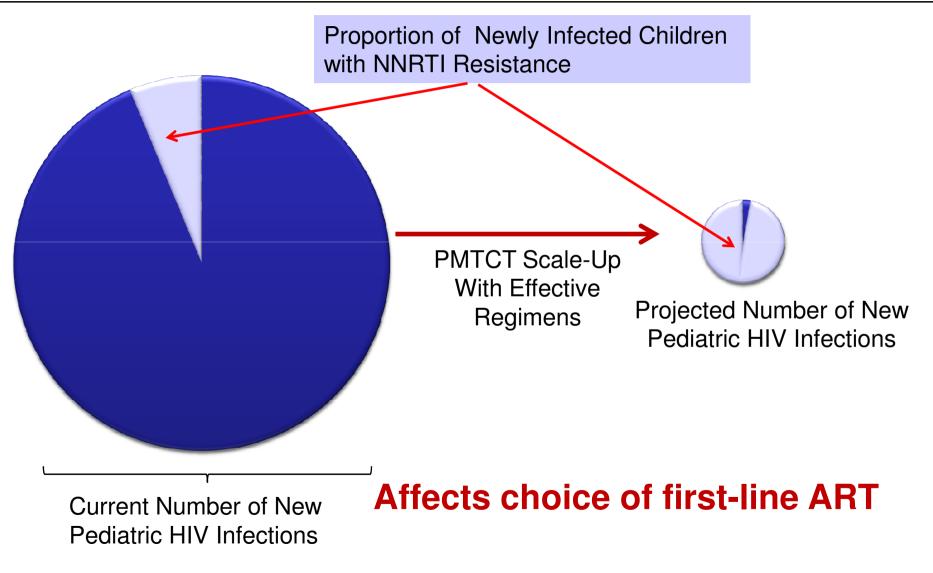
| | Patient group | Standard first-line regimen |
|---|--|-----------------------------|
| | INFANTS | |
| 1 | Infant or child <24 months not exposed to ARVs | NVP + 2 NRTI |
| | Infant or child <24 months exposed to NNRTI | LPV/r + 2 NRTI |
| | Infant or child <24 months with unknown ARV exposure | NVP + 2 NRTI |
| 4 | CHILDREN | |
| / | Children 24 months to 3 years | NVP + 2 NRTI |
| | Children >3 years | NVP or EFV + 2 NRTI |

Box 4: Recommended alternative ARV regimen for infants and children to simplify management of toxicity, comorbidity and drug – drug interaction

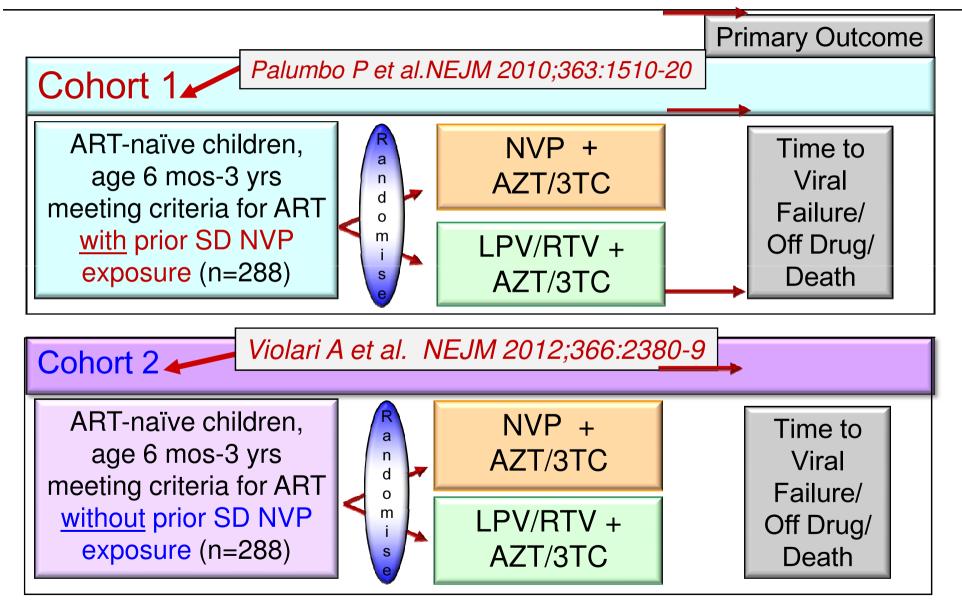
AZT or d4T^a + 3TC^b + ABC

With Scale-Up of PMTCT, Smaller Number of Perinatally-Infected Infants but Greater Proportion with ARV Drug Resistance

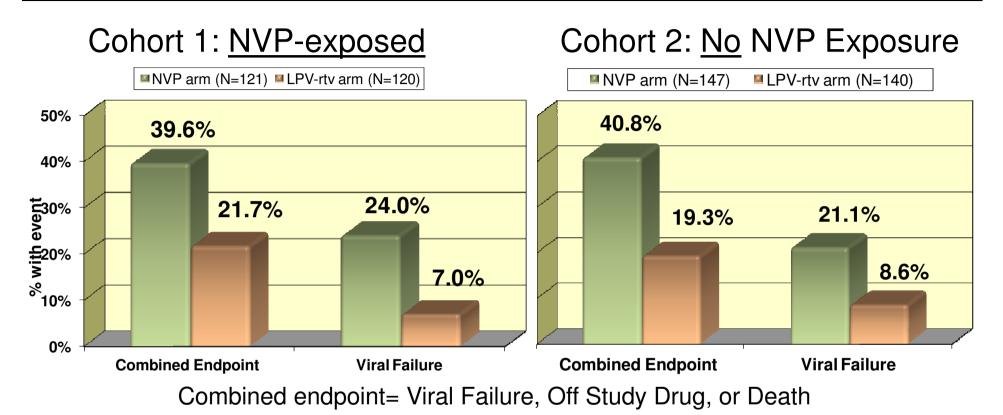
Abrams E. 17th CROI, 2010



P1060: NVP vs LPV-r HAART in HIV-Infected Infants Under 3 Years



P1060 Results: Comparing Cohorts



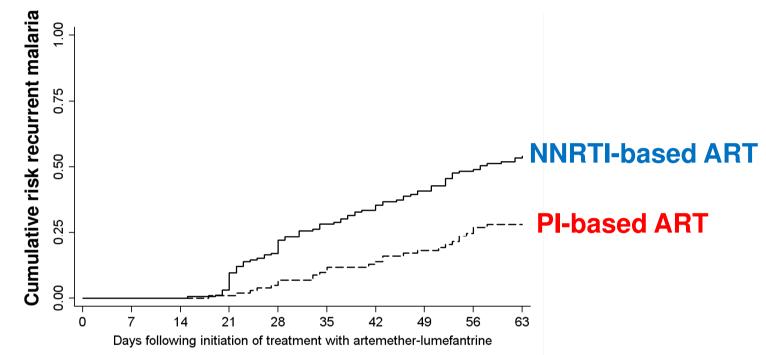
- Similar rates of overall failure (combined endpoint) & viral failure in NVP-exposed AND -unexposed cohorts.
- Suggests PI (LPV/r) superior to NNRTI (NVP) for children <3 years old, regardless of past NNRTI exposure

NNRTI vs PI-Based ART in HIV-Infected Children and Malaria, Toro, Uganda Achan J et al. NEJM 2012 Nov 29 in press

• 170 children aged 2 mo-5 yrs (median age ~3 yrs) randomized to initiate NNRTI vs LPV-based ART and followed for median 366 days; primary endpoint malaria incidence.

| | NNRTI | LPV | HR | p value |
|---------------------------------------|-------|-------|------------------|---------|
| Malaria incidence (episodes pt-yr) | 2.25 | 1.32 | 0.59 (0.36-0.97) | 0.04 |
| | | | 41% decrease | |
| 63-day risk of | 54.2% | 28.1% | 0.41 (0.22-0.76) | 0.004 |
| recurrent malaria | | | 59% decrease | |

Recurrent Malaria in HIV-Infected Children on LPV/rtv vs NNRTI-Based HAART, Toro, Uganda Achan J et al. NEJM 2012 Nov 29 in press



- LPV associated with a 59% decrease in recurrent malaria after arthemther-lumefantrine (AL) rx (HR=0.41, 95% CI 0.22-0.76, p=0.004)
- RTV inhibits CYP 3A4 pathway involved in lumefantrine metabolism

| | LPV/r –based ART | NNRTI-based ART | P value |
|--|------------------|-----------------|---------|
| Median day 7 lumefantrine level ng/ml (IQR) | 926 (473-1910) | 200 (108-510) | <0.0001 |





NNRTI vs PI as Initial Therapy in Older Children: A Different Trial with a Different Story to Tell....

PENPACT-1/ PACTG 390

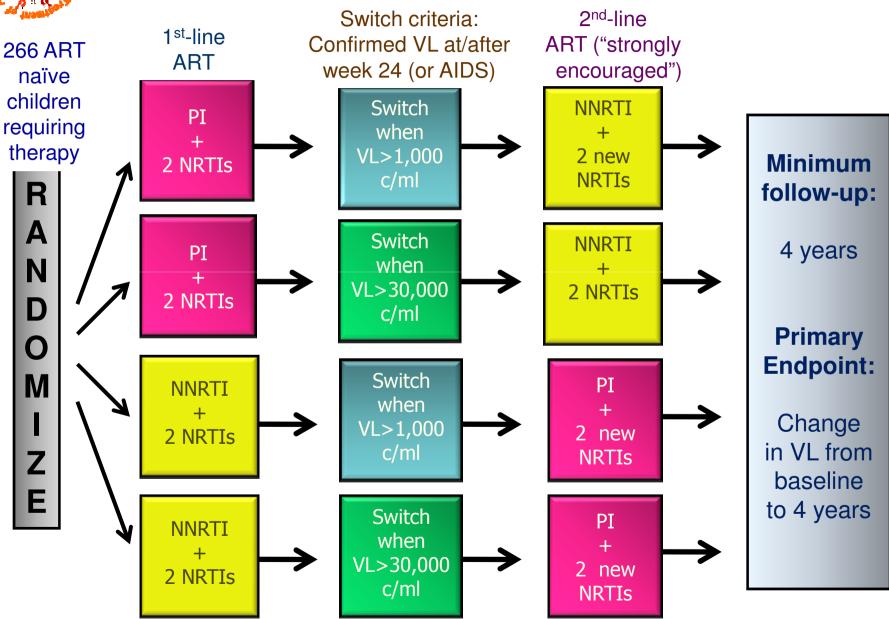
(Europe & Americas)

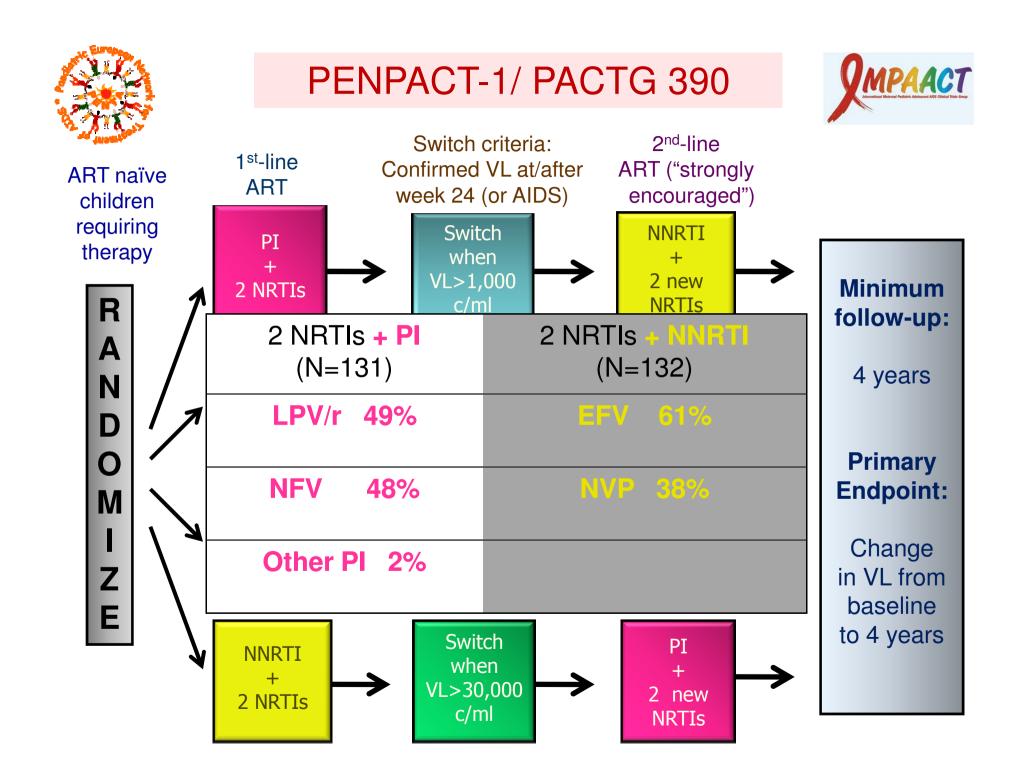
- Initial Therapy
- VL for switching



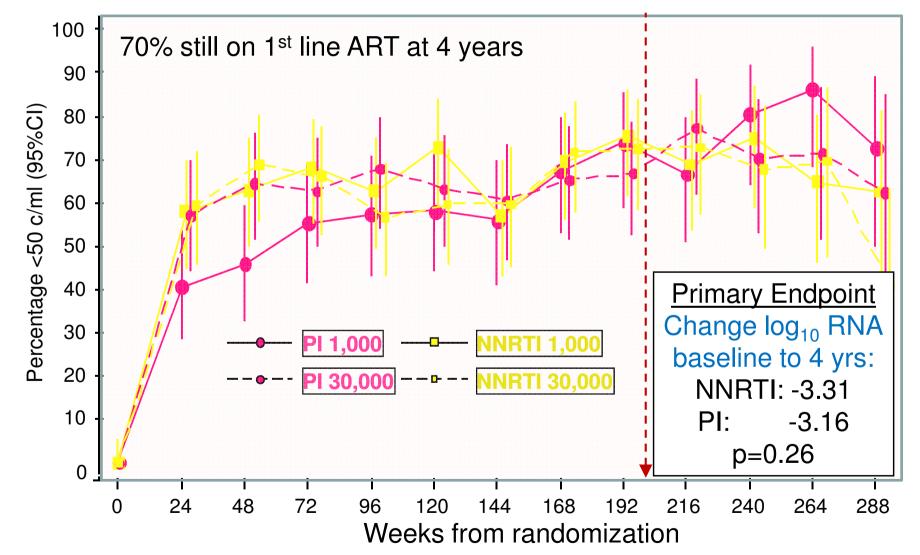
PENPACT-1/ PACTG 390

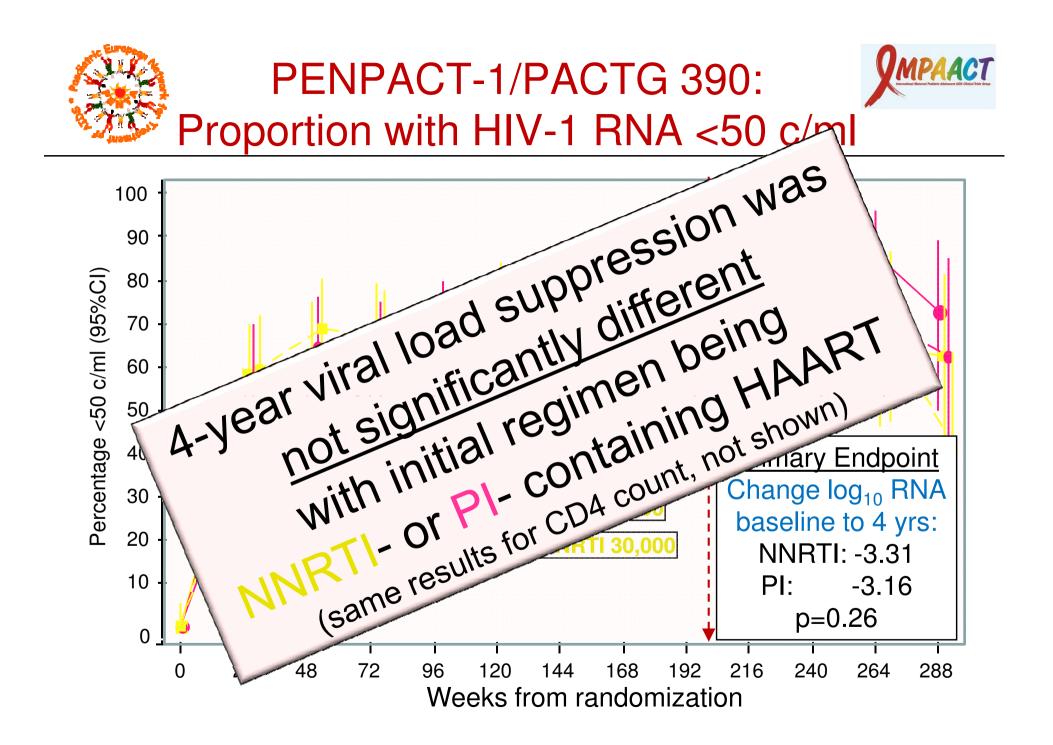












P1060 #2 (not NVP exposed) vs. PENPACT-1: Conflicting Results for PI vs NNRTI-based HAART

| Characteristic | P1060 Cohort 2 | PENPACT/PACTG 390 |
|--------------------|----------------------|------------------------------------|
| Median Age (Range) | 1.7y (0.5-3y) | 6.5 y (0.1-17.8y) 26% ≤3 yo |
| Setting | Africa, India | Euro, US, Brazil, Arg. Carib. |
| NNRTI | 100% NVP | 38% NVP; 61% EFV |
| PI | 100% LPVr | 49% LPVr; 48% NFV |
| Previous NVP exp | None | 2% |
| Subtype B | None | 41% |

- Preferred initial regimens for younger (≤ 3 yr old) and older (> 3 yr old) children may be different
- May get different results depending on which drug(s) used in NNRTI or PI class
- Differences by host and virus genetics?

Other Strategies?

Would NVP work better once virologic suppression is achieved on a PI regimen?

JAMA The Journal of the American Medical Association

Reuse of Nevirapine in Exposed HIV-Infected Children After Protease Inhibitor-Based Viral Suppression

A Randomized Controlled Trial

| Ashraf Coovadia, MBChB | JAMA, September 8, 2010—Vol 304, No | | |
|---------------------------|---|--|--|
| Elaine J. Abrams, MD | | | |
| Renate Stehlau, MBChB | | | |
| Tammy Meyers, MBChB | tinuing PI-based therapy indefinitely and reuse of nevirapin | | |
| Leigh Martens, MBChB | Objective To test whether nevirapine-exposed infants who is pression with PI-based therapy can maintain viral suppression via | | |
| Gayle Sherman, MBChB, PhD | pine-based therapy. | | |
| Gillian Hunt, PhD | Design, Setting, and Patients Randomized trial conducted May 2009 at a hospital in Johannesburg, South Africa, among 19 viral suppression less than 400 copies/mL for 3 ormore months from exposed children who initiated PI-based therapy before 24 mon | | |
| Chih-Chi Hu, MS | | | |
| Wei-Yann Tsai, PhD | | | |
| Lynn Morris, PhD | Interventions Control group children continued to receiv navir, stavudine, and lamivudine (n=99). Switch group chi pine for ritonavir-boosted lopinavir (n=96). | | |
| Louise Kuhn, PhD | | | |

10 (Reprinted)

are infinations of conhas many advantages. nitially achieve viral suphen switched to nevira-

between April 2005 and 95 children who achieved cohort of 323 nevirapineths of age.

ritonavir-boosted lopi-Iren substituted neviraTHE LANCET Infectious Diseases Volume 12, Issue 7, July 2012, Pages 521-530



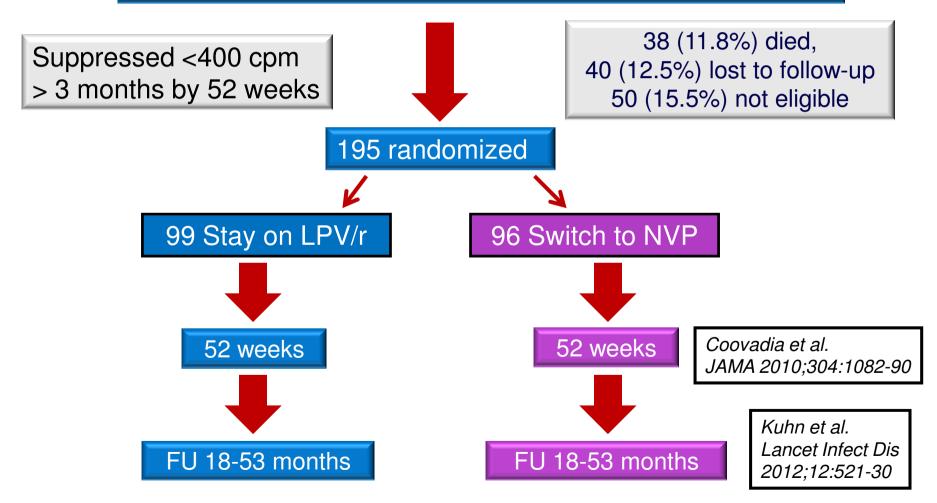
Articles

Switching children previously exposed to nevirapine to nevirapine-based treatment after initial suppression with a protease-inhibitor-based regimen: long-term follow-up of a randomised, open-label trial

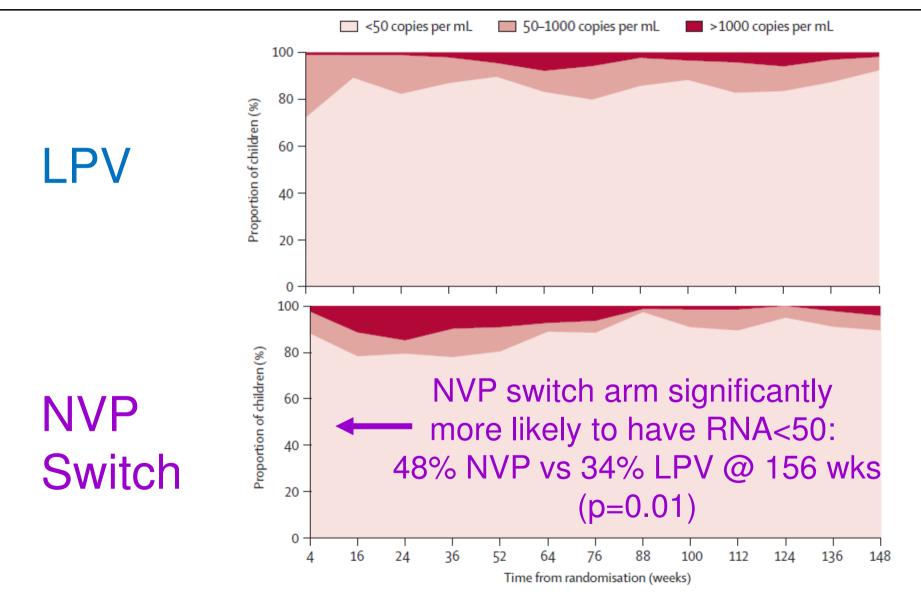
Prof Louise Kuhn, PhD* 4 . M. Prof Ashraf Coovadia, FCP [Paeds]d, Renate Strehlau, MBBChd, Leigh Martens, MBBCh^d, Chih-Chi Hu, MS^b, Tammy Meyers, MD^e, Gayle Sherman, PhD^{f,g}, Gillian Hunt, PhD^h, Deborah Persaud, MDⁱ, Prof Lynn Morris, PhD^h, Prof Wei-Yann Tsai, PhD^b, Prof Elaine J Abrams, MD

NEVEREST STUDY

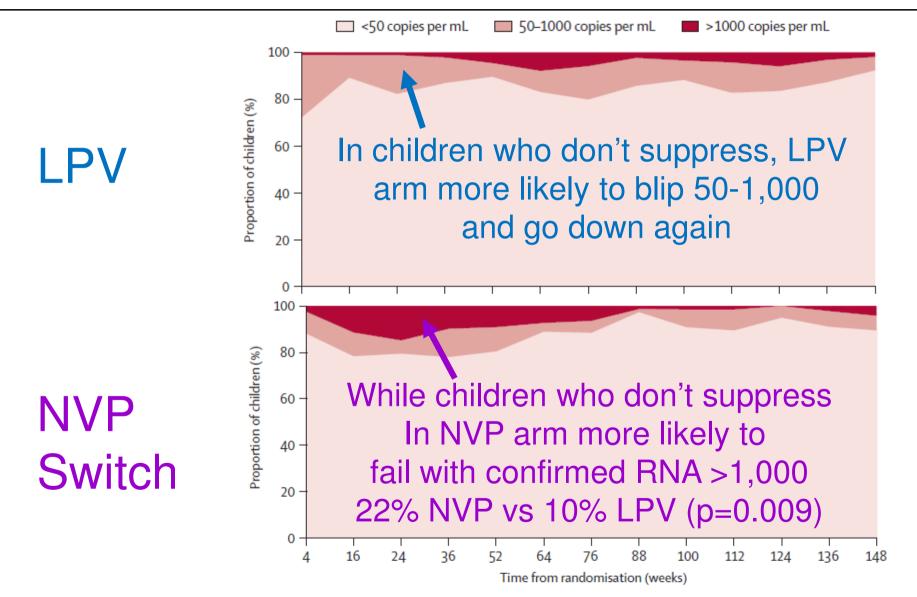
323 sdNVP-exposed children <24 months of age Started PI-based regimen: LPV/r, 3TC, D4T. Johannesburg, SAfr



Proportions of Children with RNA <50, 51-1000 or >1,000 c/mL at Each Visit through 148 Weeks

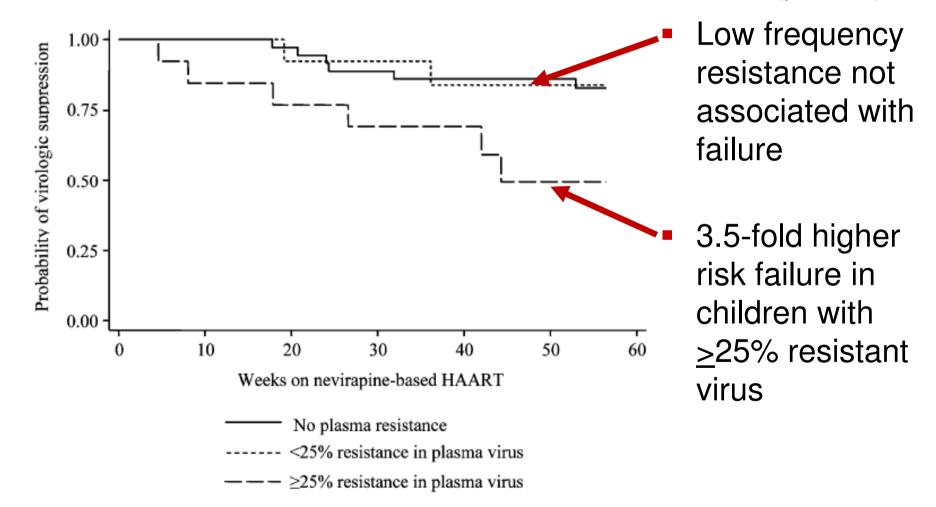


Proportions of Children with RNA <50, 51-1000 or >1,000 c/mL at Each Visit through 148 Weeks



Viral Failure in Switch Arm Primarily Secondary to Pre-ART Drug Resistance Frequency >25% Moorthy A et al. Clin Inf Dis 2011;52:514-21

Failure NVP switch with no resistance 14% vs LPV 10% (p=0.34)



Other Strategies?

Induction with 4 drugs?

Early virological suppression with three-class antiretroviral therapy in HIV-infected African infants

Andrew Prendergast^a, Wendy Mphatswe^b, Gareth Tudor-Williams^c, Mpho Rakgotho^d, Visva Pillay^d, Christina Thobakgale^b, Noel McCarthy^a, Lynn Morris^d, Bruce D. Walker^{b,e,f} and Philip Goulder^{a,b,e}

AIDS 2008, 22:1333-1343

Early antiretroviral therapy in HIV-1-infected infants, 1996-2008: treatment response and duration of first-line regimens

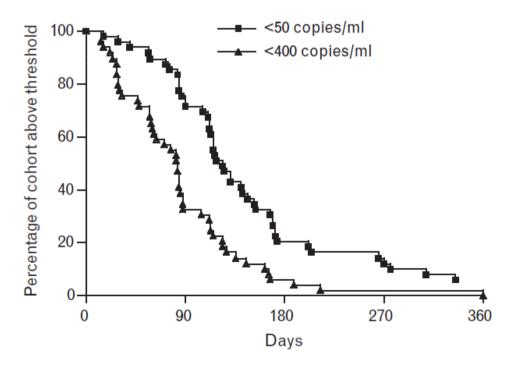
The European Pregnancy and Paediatric HIV Cohort Collaboration (EPPICC) study group in EuroCoord

AIDS



Issue: Volume 25(18), 28 November 2011, p 2279-2287 Copyright: © 2011 Lippincott Williams & Wilkins, Inc. Publication Type: [CLINICAL SCIENCE] DOI: 10.1097/QAD.0b013e32834d614c ISSN: 0269-9370 Accession: 00002030-201111280-00010 Keywords: antiretroviral therapy, drug switching, Europe, infant Early Viral Suppression with 3-Class ART in HIV-Infected Infants Exposed to SdNVP Prendergast A et al. AIDS 2008;22:1333-43

- In Durban, South Africa, infants exposed to sdNVP received AZT/3TC/NFV/NVP at median age 42 days.
- NNRTI resistance mutations were found in 39%.



- Of 49 infants on ART, all had RNA <400 and 94%
 <50 within a year of starting ART
- No significant difference in time to undetectable in infants with and without resistance

Can Early ART Be Safely Interrupted?

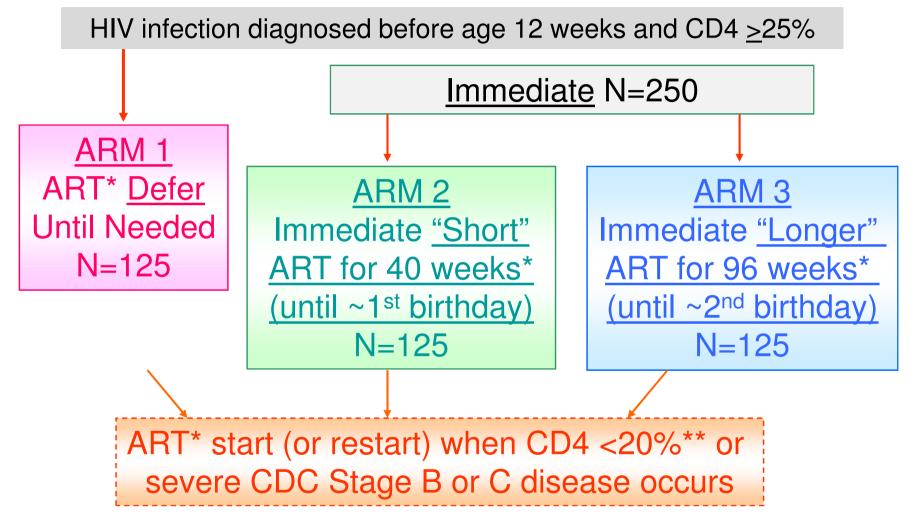
The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Early Antiretroviral Therapy and Mortality among HIV-Infected Infants

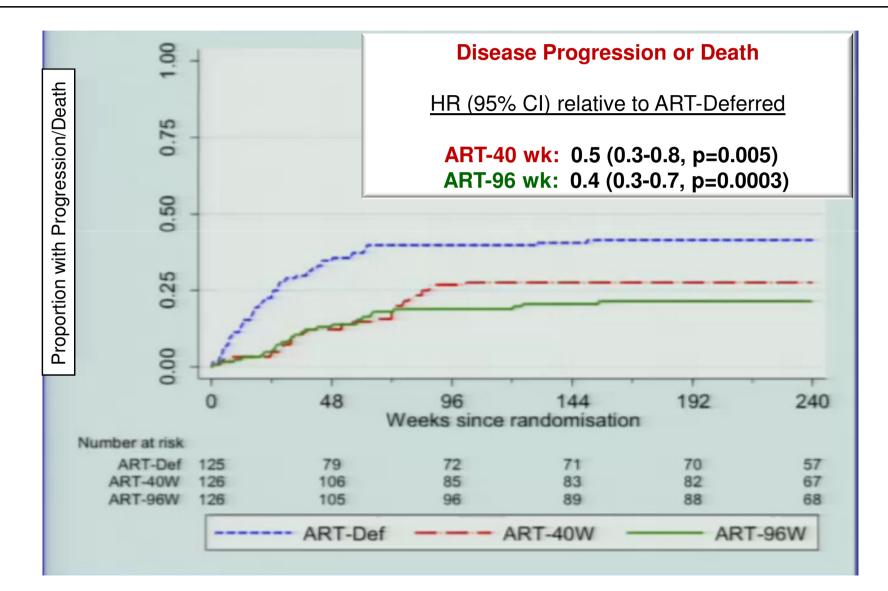
Avy Violari, F.C.Paed., Mark F. Cotton, M.Med., Ph.D., Diana M. Gibb, M.D., Abdel G. Babiker, Ph.D., Jan Steyn, M.Sc., Shabir A. Madhi, F.C.Paed., Ph.D., Patrick Jean-Philippe, M.D., and James A. McIntyre, F.R.C.O.G., for the CHER Study Team*

<u>Children with HIV Early AntiRetroviral Therapy (CHER) Study</u>



*ART = AZT/3TC/LPV/r

CHER: Disease Progression (Severe B or C) or Death ART-Deferred vs ART-40 wk vs ART-96 wk Cotton M et al. 19th CROI, Seattle, WA, March 2012 (Abs 28LB)



CHER: Treatment Interruption Phase Cotton M 19th CROI, Seattle, 2012

- Early ART until 1st or 2nd birthday followed by interruption <u>compared to deferred ART</u> appears safe in children with regular CD4 and clinical monitoring and results in less ART exposure (potential costsaving).
- Early ART for 2 years compared to 1 year results in longer subsequent interruption and rrend toward fewer clinical events.
- Further analysis needed to evaluate viral suppression, resistance, immune response and neurodevelopmental consequences after ART restart.

You Can't Treat Pediatric HIV Without Drugs! Critical Need for New Drug Formulations in Children

Pediatric Antiretroviral Drugs

What is Available and Needed

What is Available for Adults



FDCs that allow one pill once daily

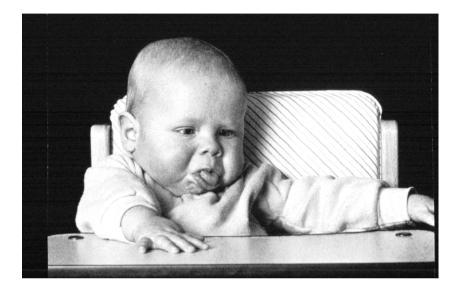


4-drugs in one – once daily

What is Available in Children



80 mg/20 mg/mL Kaletra oral solution [lopinavir/ritonavir]





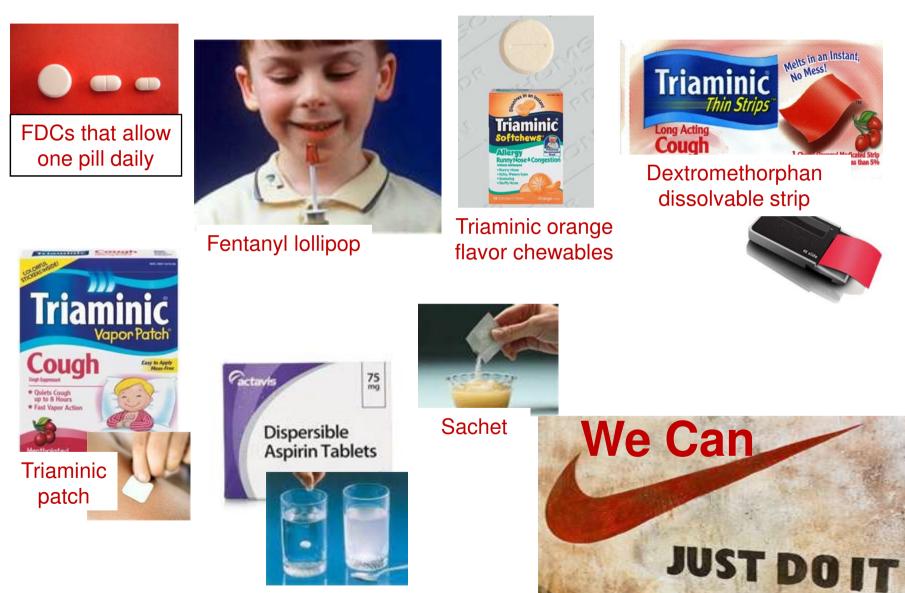








What We Need for ARVs in Children



Summary

- Resource-rich countries most children are receiving ART with an individualized intensive monitoring approach.
- In resource-limited countries, progression is more rapid and while children respond well to ART, therapy started at older age and low CD4, resulting in higher mortality on ART than in rich countries.
- Initiation of ART in early infancy is optimal but complicated by drug resistance from exposure to PMTCT drugs.
- While NNRTI-based ART seems effective in older children, PI-based ART appears optimal for infants.
- Use of switch or induction strategies requires further study.
- More drug choices and formulations needed in children!



Thanks For Your Attention





Special thanks to: George Siberry



